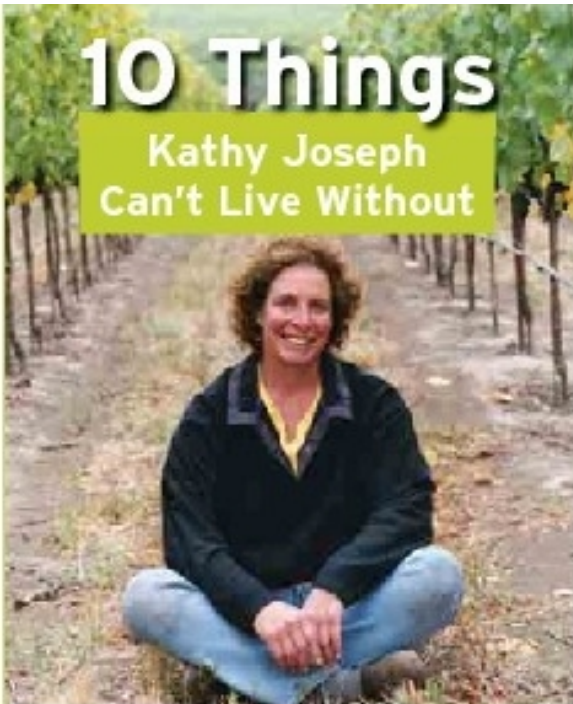


# 10 Things

## Kathy Joseph Can't Live Without



**Kathy Joseph of Fiddlehead Cellars** has a vineyard on 100 acres in Lompoc. Her mission is to "Make great wine from great places and not overly work the wine so it reflects that sense of place." A female winemaker in a largely male field, Kathy feels it's a job well-suited for her talents: "I use both sides of my brain, the nurturing and the analytical." She loves sharing her wines at events. "What fun is making wine if you can't enjoy the party?"

**Family** The Irishman in my life—my husband, Tom Doyle. Also my folks and my sister. I know they will always be rooting for me.

**My truck** I have a second home in Davis, where my business office is, and my winery is in Lompoc. I spend a lot of time in my big old Dodge pick-up.

**My sense of smell** My nose is very responsive to the environment. This makes me a good winemaker but it can also be a distraction. Smells are intoxicating. They stop me in my tracks and drive my memories.

**Laughter** My nickname is Giggles. Laughter is something I never want to lose.

**Fresh flowers** My spirits are lifted in the company of flowers. With my winemaking nose though, I have to avoid highly scented varieties.

**Massages** Some people like to be touched, and I'm one of them. I like a deep, penetrating sports massage. I carry a lot of weight on my shoulders; massage offsets a fast-paced life.

**New challenges** As soon as I figure something out, I present myself with the next challenge. My profession is a continuing education in law, accounting, design, equipment, and winemaking.

**Exercise** I'm into pumping iron and have a trainer. I'm not much into using machines. I like using my own body. I need to be physical to keep in shape for a life of food and wine and vineyard work. Exercise clears my head so I have better ideas.

**Cell phone and computer** I move around a lot. These are the ways I stay connected to my family, my business, and my vineyard manager.

**My beverages** A good bottle of wine and expensive tequila. I don't have favorites. I like to decide at the moment. I tell my customers not to be stuck on a favorite, because then you stop exploring.

ROBIN BISIO